



WORKSHOP

Mental Health & Wellbeing resources from EC2U

Registry



November 26, 2024
16-18:00h CET



MariaJoão Martins
University of Coimbra



Diana Chihaia
University of Iasi

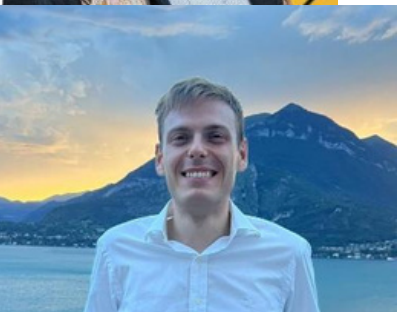


Lena Schmitz
University of Jena



Verena Enzenhofer
University of Linz

SPEAKERS



Anna Odone /
Giacomo Pietro
Viguzzi
University of
Pavia



Marion Picker
University of Poitiers



Sara Mora Simón
University of Salamanca



Anu Mäkelä
University of Turku

Mental Health & Wellbeing resources from EC2U

SCHEDULE

-16:00h -16:15h -Wellbeing and mental health resources at the University of Coimbra

-16:15h -16:30h -Well-being and mental health resources from Iasi University

-16:30h -16:45h -Healthy Campus at JKUniverse

-16:45h -17:00h -Well-being and mental health resources from Uni Jena

-17:00h -17:15h –Harmonisingmind and body: implementing a comprehensive well-being framework in a University alliance for students, faculty, and staff

-17:15h -17:30h -Supporting students and staff. Resources at the Université de Poitiers

-17:30h -17:45h –Well-being and Mental Health resources at Usal

-17:45h -18:00h -How we promote mental wellbeing at the University of Turku