



Registry



# WORKSHOP

## Mental Health & Wellbeing resources from EC2U

November 26, 2024  
16-18:00h CET



MariaJoão Martins  
University of Coimbra



Diana Chihaiia  
University of Iasi



Lena Schmitz  
University of Jena



# SPEAKERS



Anna Odore /  
Giacomo Pietro  
Vigezzi  
University of  
Pavia



Marion Picker  
University of Poitiers



Sara Mora Simón  
University of Salamanca



Anu Mäkelä  
University of Turku

# Mental Health & Wellbeing resources from EC2U

## SCHEDULE

- 16:00h -16:15h -Wellbeing and mental health resources at the University of Coimbra
- 16:15h -16:30h -Well-being and mental health resources from Iasi University
- 16:30h -16:45h -Healthy Campus at JKUniverse
- 16:45h -17:00h -Well-being and mental health resources from Uni Jena
- 17:00h -17:15h –Harmonising mind and body: implementing a comprehensive well-being framework in a University alliance for students, faculty, and staff
- 17:15h -17:30h -Supporting students and staff. Resources at the Université de Poitiers
- 17:30h -17:45h –Well-being and Mental Health resources at Usal
- 17:45h -18:00h -How we promote mental wellbeing at the University of Turku